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In this episode I am joined by Restorative Specialist, Dr Kushal Gadhia who is one of the educators for ACE Courses. He is one of the most passionate people about Occlusion I have met, so it was great to geek out with him.

Protrusive Dental Pearl: Have you located your local physiotherapist who has an interest in treating Temporomandibular Disorders? You can find them on the following website: ACPTMD

You can download the latest Glossary of Prosthodontic Terms from Protrusive Dental Community Facebook group alongside hundreds of other papers and downloadable resources.

What we discuss in this episode:

We discuss our reason and love for continual study in the field of occlusion
Definition of Centric Relation (CR) (applicable one!) and why we have to rely on teeth as references
Why is the 'reproducibility' of CR useful?
When should you NOT use CR as the position to rehabilitate? 2 Good examples given (a 3rd one I suggest at the end)
In those situations you use an arbritary treatment position, how can you ensure success?
We briefly discuss about Orthdodontics and the controversy of whether Orthodontists should be planning from CR
What happens to patients rehabilitated in CR position over time
If you restore someone in CR – can you stop their Bruxism?

There may also be an anatomical reason not to use CR which we discuss at the end

Remember – most of our Dentistry is Conformative and in ICP/MIP – Become a GOOD conformer first!

Handouts:

Glossary of Prosthodontic Terms 9th Edition

Loads more episodes to come out this month to make up for February – we had the first successful 'THE Dental Splint Course' hosted at Precision Dental Studio in Reading.

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